

Benefits of Using a Flexible Spending Account Plan

As a valued employee, we want to share with you the great benefits you can gain by using our Flexible Spending Account (FSA) Plan.

Did you know?

- FSA contributions come from your paycheck **pre-tax**. That means if you contribute \$500 to a healthcare FSA, you can save approximately \$125 (average 25%) in taxes for items you were going to buy any way.
- A healthcare FSA can pay for doctor co-pays, prescriptions, medical supplies, flu shots, insurance deductibles, eyeglasses, contacts, insulin, and even nasal strips! (Here's a full list of [FSA Eligible Expenses](#).)
- Healthcare FSAs have changed! There's no longer a "use-it-or-lose it" rule. Now you can carryover up to \$500 from one Plan Year to the next with no cost or penalty.

What's in it for you?

With the new carryover rule, you can put \$500 into an FSA for this year and **save around \$125 in taxes**—basically risk-free! You can use the money for eligible items and if you don't use it all, **you don't lose it**. Instead, you can carryover up to \$500 and use it next year.

Take a few minutes and review your medical expenses from this past year. Compare the items to the eligible expenses list (above line) to determine an amount you could put in an FSA.

Now is the time.

Try an FSA this year. See if you don't love the convenience of an FSA debit card that you use to pay for doctor co-pays (and the usual prescription that follows). No papers to file, just a swipe of the card pays the bills from your FSA funds.

We're pleased to offer this money-saving FSA as part of our benefits package to you.

Sincerely,

Your Benefits Department.

P.S. Do you have a child in daycare? A child under age 13 who goes to summer camp? An elderly parent who lives with you that needs daytime care? Consider a Dependent Care FSA and put up to \$5,000 into your account pre-tax to cover expenses. The link above shows Dependent Care eligible expenses. If you'd like to more information, please contact us.